

**Impact
Factor
3.025**

ISSN 2349-638x

Refereed And Indexed Journal

**AAYUSHI
INTERNATIONAL
INTERDISCIPLINARY
RESEARCH JOURNAL
(AIIRJ)**

UGC Approved Monthly Journal

VOL-IV

ISSUE-IX

Sept.

2017

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**Personal and Social Adjustment of Adolescents in Relation
to The Employment Status of Their Mothers**

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Abstract

The present study investigated personal and social adjustment of Adolescent of Gulbarga District in relation to the Employment status of their mothers. The sample of the study consisted of 423 students of standard IX, of which 229 were of employed mothers and 194 of unemployed mothers. Questionnaire on personal and social Adjustment and Interview schedule for employed mothers were used to measure the level of personal and social Adjustment of adolescent. Results revealed that when the total sample is concerned the employment status of mothers has a significant influence on the personal adjustment of adolescents. The employment status of their mother does not significantly influence the social adjustment of Adolescents when the total sample is concerned.

Introduction

The adjustment problems of students play an important role in the total development of the children. Nowadays so many day care centers and play schools are flourished. From the day care centers children are getting only 'Day Care' and not the security which can only be provided by a mother. The day care centre will create various kinds of developmental problems in children. Moreover as the life becomes very busy the parents are not even getting enough time to listen their children's small needs. The child is not getting enough time, warmth and protection of his/her parents, especially from mother.

This is the basic requirement for a well balanced personality in their later period of development. Such factors affect the child negatively, leading to so many adjustment problems in personal, social, emotional etc. All his problems regarding personal and social Adjustment will burst out from him during adolescence because this is the most stressful period in his life. These problems not only affect the child and his family, but also affect the school, community and finally the entire society.

Need and significance of the study

Adolescence is a period in which children need more love and care from their mothers because this is the transitional period between childhood and adulthood. So the child need more support from his mother, because the children can share their feelings only with his mother. In this context, mother's employment possesses a significant role. The dual role of mother in and outside home does exert a decisive influence on her children.

Since adolescence is the most stressful period in which an individual expresses his adjustability problems that the investigator selected adolescent pupils for the study.

Objectives of the study

The present study was confined to the following objectives.

1. To study the personal and social adjustment of Adolescents of Gulbarga District for the total sample with reference to the employment status of their mothers.
2. To compare the mean scores of personal Adjustment and social adjustment of adolescents in relation to the employment status of their mothers.
 - (a) For the total sample
 - (b) For boys

- (c) For Girls
 - (d) Rural adolescents
 - (e) Urban Adolescents
3. To find out the relationship between personal and social adjustment of adolescents of Gulbarga District with respect to the employment status of their mothers.
4. To find out the opinion of employed mothers regarding their awareness about the effect of their employment on the adjustment problems of their adolescents

Hypotheses

1. There will be significant difference in the mean scores of personal adjustment and social adjustment of adolescents in relation to the employment status of their mothers.
- (a) For the total sample
 - (b) For boys
 - (c) For Girls
 - (d) For Rural adolescence
 - (e) For urban Adolescence
2. There will be significant relationship between the personal and social adjustment of adolescents of Gulbarga District in relation to the employment status of their mothers.

Method of the study: Normative survey method was used for the present study.

Samples used for the study: The survey was confined to a sample of 423 students of standard IX, of which 229 were of employed mothers and 194 of unemployed mothers. Stratified random sampling technique was adopted in selecting the sample for the study.

Tools employed for the study: The important tools used for the study were.

- a. Questionnaire on personal and social adjustment
- b. Interview schedule for employed mothers.

Research findings and Discussion

Table 1 Distribution of percentage scores of personal and social adjustment of adolescence with respective to employment status of their mothers.

| Personal Adjustment | Adolescents of Employed mothers | | | | | | Adolescents of Unemployed Mothers | | | | | |
|---------------------|---------------------------------|-------|---------|-------|-----|-------|-----------------------------------|-------|---------|-------|-----|-------|
| | High | | Average | | Low | | High | | Average | | Low | |
| | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % |
| | 69 | 30.13 | 128 | 55.90 | 32 | 13.97 | 43 | 22.16 | 122 | 62.89 | 29 | 14.95 |
| Social Adjustment | 46 | 20.09 | 137 | 59.82 | 46 | 20.09 | 47 | 24.22 | 115 | 59.28 | 32 | 16.50 |

In this section, an attempt was made to categorize the students as with High, Average and Low social and personal adjustment by using the formula $m + \frac{1}{2}$ and $m - \frac{1}{2}$. The above table shows, the adolescents of employed and unemployed mother to find out the personal adjustment, the percentage of adolescents of employed mother is higher than that of unemployed mothers in having high personal adjustment, the percentage of adolescents of unemployed mother is higher than that of employed mothers in having average personal adjustment and percentage of adolescents of unemployment mothers is higher than that of employed mothers in having low personal adjustment.

While considering the adolescents of employed and unemployed mothers to find out their social adjustment the percentage of adolescents of unemployed mothers is higher than that of employed mothers in having high social adjustment the percentage of adolescents of employed mothers in having average

social adjustment and percentage of adolescents of employed mothers is higher than that of unemployed mothers, in having low social adjustment.

Table 2
Comparison of personal and social adjustment of adolescence for the total sample in relation to the employment status of their mothers and with respect to Gender and locale

| Total Sample of Personal Adjustment of Adolescents of Employed mothers | | | Total sample of Personal Adjustment of Adolescents of unemployed mothers | | | CR |
|--|-------|------|--|-------|------|------|
| N1 | M1 | °1 | N1 | M1 | °2 | |
| 229 | 14.89 | 2.92 | 194 | 15.38 | 2.72 | 2.11 |

| GENDER | Personal Adjustment of Boys of Employed Mothers | | | Personal Adjustment of Boys of Unemployed Mothers | | | CR |
|--------|---|-------|------|---|-------|------|------|
| | N1 | M1 | °1 | N1 | M1 | °2 | |
| | 95 | 15.19 | 2.78 | 109 | 14.96 | 2.80 | 0.59 |
| | Girls of Employed Mothers | | | Girls of unemployed Mothers | | | CR |
| N1 | M1 | °1 | N1 | M1 | °2 | | |
| 134 | 14.52 | 3.00 | 85 | 15.91 | 2.63 | 3.61 | |

| LOCALE | Personal Adjustment of Rural Adolescents of Employed Mothers | | | Personal Adjustment of Rural Adolescents of unemployed Mothers | | | CR |
|--------|--|-------|------|--|-------|------|------|
| | N1 | M1 | °1 | N1 | M1 | °2 | |
| | 129 | 15.39 | 2.50 | 48 | 15.65 | 2.66 | 0.59 |
| | Urban Adolescents of Employed Mothers | | | Urban Adolescents of unemployed Mothers | | | CR |
| N1 | M1 | °1 | N1 | M1 | °2 | | |
| 100 | 14.04 | 3.25 | 146 | 15.29 | 2.75 | 3.14 | |

| Total Sample of Social adjustment of Adolescents of Employed Mothers | | | Total Sample of Social adjustment of Adolescents of unemployed Mothers | | | CR |
|--|-------|------|--|-------|------|------|
| N1 | M1 | °1 | N1 | M1 | °2 | |
| 229 | 14.03 | 2.99 | 194 | 14.44 | 2.75 | 1.47 |

| GENDER | Social adjustment of Boys of Employed Mothers | | | Social adjustment of Boys of unemployed Mothers | | | CR |
|--------|--|-------|------|--|-------|------|------|
| | N1 | M1 | °1 | N1 | M1 | °2 | |
| | 95 | 14.41 | 2.88 | 109 | 14.38 | 2.57 | 0.09 |
| | Social adjustment of Girls of Employed Mothers | | | Social adjustment of Girls of unemployed Mothers | | | CR |
| N1 | M1 | °1 | N1 | M1 | °2 | | |
| 134 | 13.76 | 3.04 | 85 | 14.52 | 2.97 | 1.83 | |

| | | | | | | | |
|---------------|---|-----------|-----------|---|-----------|-----------|-----------|
| LOCALE | Social adjustment of Rural Adolescents of Employed Mothers | | | Social adjustment of Rural Adolescents of unemployed Mothers | | | CR |
| | N1 | M1 | °1 | N1 | M1 | °2 | |
| | 129 | 14.50 | 2.82 | 48 | 14.54 | 2.3866 | 0.09 |
| | Social adjustment of Urban Adolescents of Employed Mothers | | | Social adjustment of Urban Adolescents of unemployed Mothers | | | |
| | N1 | M1 | °1 | N1 | M1 | °2 | |
| | 100 | 13.42 | 3.10 | 146 | 14.40 | 2.87 | |

The above table shows that there is a significant difference between the mean scores of personal adjustment of adolescents where as there is no significant difference the mean scores of social adjustment of adolescence, with respect to the employment status of their mothers for the total sample. In addition the study shows that there is no significant difference between the mean scores of personal adjustment and social adjustment of adolescent boys and there is a significant difference is found between the mean scores of personal Adjustment and social adjustment of adolescent girls with respect to the employment status of their mothers.

This table also shows that there is no significant difference between the mean scores of personal adjustment and social adjustment of rural adolescence and there is a significant difference is found between the mean scores of personal adjustment and social adjustment of urban adolescence with respect to the employment status of their mothers.

Table 3
Correlation between personal and social Adjustment of adolescents with respect to the employment status of their mothers

| Variables | Adolescents of Employed Mothers | | | Adolescents of Unemployed Mothers | | |
|----------------------------|--|-----------|---------------------|--|-----------|---------------------|
| | N1 | r1 | Significance | N1 | r1 | Significance |
| Personal Adjustment | 229 | 0.640 | Significant | 194 | 0.535 | Significant |
| Social Adjustment | | | | | | |

The obtained correlation between personal and social Adjustment of Adolescents of Employed mother and unemployed mother were 0.640, 0535 respectively. For the 0.05 level of significance the required co-efficient of correlation are 0.113, and 0.138 and the obtained 'r' is greater than the required value. Hence the obtained correlation is significant at 0.05 level. The relationship cover ally is described as positive. In view of the coefficient obtained, it can be remarked that the agreement between the two variables is present to a great extend. The obtained 'r' is positive, which indicates, that both personal and social adjustments are positively correlated.

Conclusion

In the light of the findings obtained, the investigator suggests that the parents should keep the fact in their mind that mother' employment has significant relation with the personal and social adjustment of adolescents, especially on girl children as well as on urban adolescents. So both the parents and the teachers should take care of the individual with maximum care, love, protection etc. Parents should spend sufficient time with their children with in their limitations. Teachers also should arrange group activities, and so on in the school that the children could develop personal and social values, should able to know importance of co-operations, synergy etc and thus maximum development is possible.

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